

A P A R E N T ' S
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Teens & Alcohol

axis

In This Guide . . .

- Alcohol in a Pro-Bingeing Culture**
- How big of a problem is alcohol use among teens?**
- Is all alcohol bad for everyone?**
- Why do teens use alcohol?**
- Is pop culture really that influential when it comes to alcohol?**
- Where do teens get alcohol?**
- What does the Bible say about alcohol?**
- How do I talk to my teen about drinking and partying?**

- **How can I tell if my teen is drinking?**
- **What should I do if I find out my teen is drinking?**
- **What if I know my kid drinks but doesn't want to talk about it?**
- **If my teen abuses alcohol, does that mean he/she is a bad kid? Does it make me a bad parent?**
- **What should I do if I find out my teen is addicted to alcohol?**
- **Resources and helps**

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Marijuana

In This Guide . . .

- Got the munchies?**
- What exactly is marijuana?**
- What else is it called?**
- How many people use it?**
- How does it affect users?**
- Is it addictive?**
- How dangerous is it? Is it a gateway drug?**
- What are other ways marijuana affects users' lives?**
- How does marijuana compare to alcohol?**
- Why's it so controversial?**

- **Anything else my teens and I should know about it?**

- **Why would teens want to use marijuana?**

- **Based on the research and the Bible's guidance, what should we think about using marijuana?**

- **How do I start this conversation with my kid?**

- **Discussion Questions**

- **What should I do if I catch my kid using marijuana?**

- **Final Thoughts**

- **Related Axis Resources**

- **Additional Resources**

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Prescription Stimulants

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In This Guide . . .

- **Prescription stimulants—necessary or “necessary”?**
- **What exactly are stimulants?**
- **How are they different from meth?**
- **So abusing non-opioid prescription medications is really a thing?**
- **Ok, why would someone want to risk taking stimulants without the oversight of a doctor?**
- **What *are* the risks of taking prescription stimulants recreationally?**
- **Why do teens feel like they need to take them?**
- **Do stimulants actually help people work better?**
- **How do teens get them without a prescription?**
- **Anything else I should know about them?**

- **If my kids are on meds for ADHD, how can I help them?**
- **How can I help my non-ADHD kids not feel like they need drugs to succeed?**
- **What if I catch my kids abusing prescription stimulants?**
- **Discussion Questions**
- **Conclusion**
- **Related Axis Resources**
- **Additional Resources**

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Teens & Opioids

axis

In This Guide . . .

- **Even as opioid use decreases, teens face a public health crisis**
- **What are opioids?**
- **How do opioids affect the body?**
- **Which opioids are teens using?**
- **What's the appeal?**
- **Where do teens find opioids?**
- **How do they hide them?**
- **Does my teen have a drug problem?**

- **What do I do if my teen has used or is addicted to drugs?**
- **How do I prevent my teen from using opioids?**
- **The bottom line**
- **Additional resources**