In This Guide . . .

--- Prescription stimulants—necessary or “necessary”?

--- What exactly are stimulants?

--- How are they different from meth?

--- So abusing non-opioid prescription medications is really a thing?

--- Ok, why would someone want to risk taking stimulants without the oversight of a doctor?

--- What are the risks of taking prescription stimulants recreationally?

--- Why do teens feel like they need to take them?

--- Do stimulants actually help people work better?

--- How do teens get them without a prescription?

--- Anything else I should know about them?
If my kids are on meds for ADHD, how can I help them?

How can I help my non-ADHD kids not feel like they need drugs to succeed?

What if I catch my kids abusing prescription stimulants?

Discussion Questions

Conclusion

Related Axis Resources

Additional Resources