A PARENT’S GUIDE TO

Family Night
In This Guide . . .

— You don’t have to be a superhero to fight for family night.

— Why is having an intentional family night important?

— Before we get into family night, what are good ideas for connecting day-to-day?

— How often should I have family night?

— What could we do during family night?

— Anything else we should do during family time?

— How else can I make family night a smooth experience?

— What about when family time doesn’t go as planned?
I've tried having a family night before, but it's never lasted very long. Any strategies for making it stick this time?