

A P A R E N T ' S
T O
G U I D E

Video Games

axis

In This Guide . . .

- **Game on**
- **What terms and slang should I know?**
- **Why do teens love video games?**
- **Is it still something that appeals mainly to males?**
- **How does the video game ratings system work?**
- **Video games aren't good for my teen, right?**
- **What gives parents the most trouble with their kids and video games?**
- **What can I do to keep my teen's gaming healthy (without arguing about it)?**
- **When should I start worrying?**

— **How should I handle unhealthy gaming?**

— **Any last words?**

— **Additional Resources**