Video Games
In This Guide . . .

--- Game on

--- What terms and slang should I know?

--- Why do teens love video games?

--- Is it still something that appeals mainly to males?

--- How does the video game ratings system work?

--- Video games aren't good for my teen, right?

--- What gives parents the most trouble with their kids and video games?

--- What can I do to keep my teen’s gaming healthy (without arguing about it)?

--- When should I start worrying?
How should I handle unhealthy gaming?

Any last words?

Additional Resources