

A P A R E N T ' S
T O
G U I D E

The Sex Talk

axis

In This Guide . . .

- **Forget having just one “Talk”—we need to talk to our kids about sex early and often.**
- **What has the sex talk looked like over the years?**
- **Why does the sex talk need to change?**
- **What stops parents from talking to their kids about sex?**
- **What principles should I follow when it comes to talking to my kids about sex?**
- **Discussion Questions**
- **Conclusion**
- **Additional Resources**