

A P A R E N T ' S  
T O  
G U I D E

# Teens & Opioids

**axis**

# **In This Guide . . .**

- Even as opioid use decreases, teens face a public health crisis**
- What are opioids?**
- How do opioids affect the body?**
- Which opioids are teens using?**
- What's the appeal?**
- Where do teens find opioids?**
- How do they hide them?**
- Does my teen have a drug problem?**

- **What do I do if my teen has used or is addicted to drugs?**
- **How do I prevent my teen from using opioids?**
- **The bottom line**
- **Additional resources**