A PARENT’S GUIDE TO

Valentine’s Day
In This Guide . . .

— Love Is a Many-Splendored (or Stressful or Depressing) Thing!

— How did Valentine’s Day get started?

— What do I do if my teen is single and indifferent?

— What do I do if my teen is single and wanting a relationship?

— What do I do if my teen just went through a breakup?

— What do I do if my teen is single and cynical?

— What do I do if my teen is in a relationship?
How can I be proactive in helping my girls on Valentine’s Day?

Where does sex fit in?

What are some other things I can do?

Takeaway