A PARENT'S GUIDE TO Smartphones
In This Guide . . .

- There are trends, and there are cultural shifts
- What's a digital native?
- Smartphones aren't all bad, right?
- How exactly do smartphones complicate our lives?
- So is there hope?!
- How should we view smartphones?
- How should that inform how I parent my kids?
- How do I prepare my child for getting a smartphone?
Ok, my teen has had a smartphone for awhile, and I didn’t do some or all of the things above. Now what?

Final thoughts

Additional resources