

A P A R E N T ' S  
T O  
G U I D E

# Smartphones

**axis**

# **In This Guide . . .**

- There are trends, and there are cultural shifts**
- What's a digital native?**
- Smartphones aren't all bad, right?**
- How exactly do smartphones complicate our lives?**
- So is there hope?!**
- How should we view smartphones?**
- How should that inform how I parent my kids?**
- How do I prepare my child for getting a smartphone?**

**— Ok, my teen has had a smartphone for awhile, and I didn't do some or all of the things above. Now what?**

**— Final thoughts**

**— Additional resources**