A PARENT'S GUIDE TO LENT
In This Guide . . .

--- What is Lent?

--- Why should my family consider observing Lent?

--- If we already have new life in Christ, why should we have a whole season thinking about death?

--- Why do we need to repent if God has already forgiven our sins?

--- What spiritual disciplines are associated with Lent?

--- Why does Lent seem so depressing?

--- I’m not sure we should participate in Lent—it's not in the Bible!

--- There’s no way my teens are going to go for this.

--- Related Axis Resources