

A P A R E N T ' S
T O
G U I D E

Vaping

axis

In This Guide . . .

- The cool kids are vaping...safely?**
- What exactly is vaping?**
- What do you vape with?**
- What substances can be vaped?**
- Are teens vaping?**
- Why the vaping craze?**
- Why is it so controversial?**
- What should we conclude from this evidence?**
- Ok, so how easy is it for minors to access vape products?**
- And how easy is it to hide?**

—— **What can I do to keep my kids from vaping?**

—— **How do I talk to my kids about vaping?**

—— **Final thoughts**

—— **Resources**