

A P A R E N T ' S  
T O  
G U I D E

**Advent**

**axis**

# **In This Guide . . .**

- You're invited . . .**
- What is Advent? A way to countdown to Christmas, right?**
- What does the word "Advent" mean?**
- What's the purpose of Advent?**
- Could you give a general overview of Advent?**
- Don't we already have enough holiday traditions?**
- So when does Advent start?**
- Back up. What's the Christian calendar?**
- What is Advent *not* supposed to be?**
- I'm new to Advent, but really like what it has to offer. How do I start the conversation with my family of incorporating it into our traditions?**

- **How would you suggest my family's rhythms and routines change during the Advent season?**
- **What are practical ways I can bring Advent into my daily life?**
- **We're so busy. How will we ever have time for this?!**
- **Can't we just celebrate in the same way we always have?**
- **Won't my teens just roll their eyes at this?**
- **Is this how we combat materialism?**
- **A final thought**
- **Resources**